

Marleen S. Williams  
 Counseling and Career Center  
 1500 WSC  
 Brigham Young University  
 Provo, UT 84602

### Personal Data

Birthplace: Salt Lake City, Utah  
 Marital Status: Married to Dr. Robert F. Williams  
 Family Data: Children: Robb Williams, David Krzymowski, Erika Williams,  
 Robert Krzymowski, Wendy Williams, Nicole Krzymowski, Evan  
 Williams, Dean Krzymowski, Carrie Williams

### Education

Ph.D. 1993 Brigham Young University, Provo, Utah  
 Major: Clinical Psychology - APA approved

### University Professional Experience

2005 to present	Clinical Professor of Counseling Psychology, Continuing Faculty Status
1999 to 2005	Associate Clinical Professor of Counseling Psychology, Continuing Faculty Status
1996 to Present	Dual appointment with Counseling and Career Center and Counseling Psychology
1993 to 1999	Assistant Clinical Professor and Psychologist, Counseling and Career Center, Brigham Young University
1992 to 1993	Intern, Counseling Center, Texas Tech University, Lubbock, Texas APA approved
1991 to 1993	Instructor, Psychology Department, San Juan College, Farmington, New Mexico
1991 to 1993	Neuropsychological testing for Dr. Robert Sherrill, licensed psychologist, Farmington, New Mexico

1989 Graduate Assistant-Instructor, Psychology Department, Brigham Young University

University Level Teaching Experience

Brigham Young University

Honors 323R:	Madness and the Media
Counseling Psychology 790R:	Clinical Issues in Counseling
Counseling Psychology 779R:	Practicum in Counseling
Counseling Psychology 715:	Diagnosis of Psychological Problems in Counseling Psychology
Counseling & Special Ed. 790R:	Advanced Skills in Counseling Psychology
Psychology 624R:	Rorschach Technique & Theory
Educational Psychology 695R:	Treatment of DSM IV Disorders in Counseling
Psychology 342:	Abnormal Psychology
Psychology 609:	Professional Issues in Clinical Psychology, Teaching Assistant.
Student Development 110:	Study Skills
Child and Family Relationships 360	Achieving Success in Marriage, Teaching Assistant

San Juan College

Psychology 115:	Applied Human Relationships, Career and Personal Development
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Clinical Experience

1993 to present	Personal and Career Counseling-Brigham Young University
1992-1993	Personal and Career Counseling-Texas Tech University

1990	Personal and Group Counseling, Utah Valley Regional Women's Center for Research and Education
1989	Group therapy, Utah State Prison, Women's facility
1989-1990	Children's inpatient and outpatient therapy. Charter Canyon Hospital
1988	Psychological testing for Mentally Handicapped children-Oakridge School

### Licensure

1996	Licensed Psychologist, State of Utah, #96-296279-2501
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### Professional Publications and Creative Works

Fischer, Lane, Williams, Marleen S., Bennion, Lynne, and Nielsen, Dianne. (2006). The development of the Spiritual Attachment Questionnaire. Psychology and Health. Aug, 21(1), 49.

Thomsen, Steve, Gustafson, Robert L., McCoy, Kelly, and Williams, Marleen S. (2002). The Relationship Between Beauty and Fashion Magazine Reading Frequency in Dieting for Weight Loss Among Female College Students. Southwest Mass Communications Journal. 17(2), 1-10.

Thomsen, Steve; McCoy, Kelly, and Williams, Marleen S. (2002). Internalizing the Impossible: Anorectic Outpatients' Experience with Women's Beauty and Fashion Magazines. Eating Disorders: The Journal of Treatment and Prevention. Spr, 9(1), 49-64.

Thomsen, Steve; McCoy, Kelly and Williams, Marleen S. (2002). Motivations for Reading Beauty and Fashion magazines and Anorexic Risk in College-Age Women. Media Psychology. May;. 4(2) 113-135.

Thomsen, Steve, McCoy, Kelly, and Williams, Marleen S. (2000). Reconstructing the World of the Anorectic Outpatient: Procedures for Enhancing Trustworthiness and Credibility. Qualitative Review [on-line serial] 5 (1/2) Available: <http://www.nova.edu/ssss/QR/QRS-//thomsen.html>.

Williams, Marleen S. (in press). A Journey through Feminism: Reflections of an LDS Woman. In, James Falcouner, ed., *Mormon Thinkers and Contemporary Intellectual Issues*.

- Williams, Marleen S., W. Dean Belnap and John P. Livingstone, ed. (in press). *Matters of the Mind: Latter-day Helps for Mental Health*. Salt Lake City: Deseret Book
- Williams, Marleen (2008). *Bringing Light to Darkness*. AMCAP Networker, Winter, 16.
- Williams, Marleen, Fox, Jay and Smith Marcus (2007). *Mental Illness Portrayed in Films* [Radio Broadcast]. In *Thinking Out Loud* series (Nkoyo Iyamba, producer). Classical 89, Brigham Young University Broadcasting. Provo, UT
- Williams, Marleen S. (2006). *What is Mental Illness?* LDS Mental Health Resource Foundation. [http://mentalhealthlibrary.info//library/nami/Marleen Williams.pdf](http://mentalhealthlibrary.info//library/nami/Marleen%20Williams.pdf) .
- Williams, Marleen S., Fischer, Lane, Heaps, Richard and Makin, A. (2006). The relationship between conflict response style and eating disorders. *Psychology and Health*, Aug, 21(1), 163.
- Williams, Marleen S. (2006). *Helping Those with Eating Disorders*. *Marriage and Families*. Winter, 11-15. Brigham Young University, Provo, UT.
- Williams, Marleen S., Jerome, Annette, White, Kirsten and Fisher, Aaron (2006). *Making Sense Of Suffering: A Preliminary Study of Changes in Religious Women Adjusting to Severe Adversity*. *Counseling and Values*. 50(2), 84-98.
- Williams, Marleen S. (2005). *A Gospel of Relationships*. In *Speeches 2004-2005*. Intellectual Reserve, Inc., Brigham Young University, Provo, UT.
- Williams, Marleen S. (2005). *Helping Others with Eating Disorders*. In Hart, Lloyd, Walton and Dollahite (eds) *Helping and Healing Our Families: Prophetic Principles of Marriage and Family Life*. Salt Lake City, Bookcraft.
- Williams, Marleen S. (2004). *A Gospel of Relationships* [televised series episode]. In BYU Broadcasting (Producer), *BYU Devotional Series*. Online at [http://speeches.byu.edu/freefiles/provider1/type1/Williams\\_Marleen\\_05\\_2004.pdf](http://speeches.byu.edu/freefiles/provider1/type1/Williams_Marleen_05_2004.pdf)/ Brigham Young University Broadcasting.
- Williams, Marleen S. (2004). *Keeping the Love Alive: Tips for a Better Marriage*. In *Gradguide 2004: A Survival Guide for Life After Graduation*. Brigham Young University. Provo, UT
- Williams, Marleen s. (2004). *Keeping Marital Love Alive*. In (Douglas Brinley and Daniel Judd ed.) *Living a Covenant Marriage*. Deseret Book Press, Salt Lake City, UT.
- Williams, Marleen S. (2004). *Parenting a Disabled Child*. *The Ensign*. October. The Church of Jesus Christ of Latterday Saints. Salt Lake City, UT.

- Williams, Marleen S. (2004). The Psychology of Eating: A book Review. Health Psychology. 19(4) 541-542.
- Williams, Marleen S. (2004). Understanding Depression [television series episode]. In Kendall Wilcox (Producer), Living Essentials. Orem, UT: Brigham Young University Broadcasting.
- Williams, Marleen S. (2004). Social and Emotional Well-being [television series episode]. In Kendall Wilcox (Producer), Living Essentials. Orem, UT: Brigham Young University Broadcasting.
- Williams, Marleen S. (2003) Development and Perpetuation of Eating Disorders, In Gender, Culture and Health. 72. Kos, Greece: The European Health Psychology Society.
- Williams, Marleen S., Thomsen, Steven R., McCoy, J. Kelly (2003). Looking For an Accurate Mirror: A Model for the Relationship between Media Use and Anorexia. Eating Behaviors. 4, 127-134.
- Williams, Marleen S. (2003) Keeping the Love Alive: Tips for a Better Marriage. In Gradguide 2003, Provo, UT: Brigham Young University Press.
- Williams, Marleen S. (2002). That God May Know My Integrity. In Ye Shall Bear Record of Me. Salt Lake City, UT: Deseret Book.
- Williams, Marleen S. (2002). Keep the Love Alive: Tips for a Better Marriage. In Gradguide '02: A Survival Guide for Life After Graduation. Provo, UT: Brigham Young University Press.
- Williams, Marleen S. (2001). Between a Rock and a Hard Place: Managing Dual Relationship Journal of the Association of Mormon Counselors and Psychotherapists, Vol 26, 19-26.
- Williams, Marleen S. (2001). Raising a Child with a Disability. Available online at <http://ce.byu.edu/cw/fuf/> BYU, Provo, UT.
- Williams, Marleen S. (2000). Raising a Child with a Mental Disability: A Personal Story. In David Dollahite (ed.) Strengthening Our Families: An In-depth Look at the Proclamation on the Family. Salt Lake City, Utah: Bookcraft.
- Williams, Marleen S. (1999). Women at Midlife: A Passage to Peace. AMCAP Networker, Fall.
- Williams, Marleen (1998). Family Attitudes and Perfectionism As Related to Depression in Latter-Day Saint and Protestant Women. in Daniel K. Judd (ed.) Religiosity, Mental Health and the Latter-Day Saints. Religious Study Center, BYU, Provo, UT.

- Williams, Marleen S. (1998). Bringing to Remembrance: The Trauma Memory Debate. (1998) AMCAP, Journal of the Association of Mormon Counselors and Psychotherapists, Vol 24 (1)
- Williams, Marleen S. (1998). Can I Feel Better Even If I Can't Remember? Helping Clients With Incomplete Memories. (1998). AMCAP, Journal of the Association of Mormon Counselors and Psychotherapists Vol 24 (1)
- Williams, Marleen S. (1998). Recovery From Rape. Video presentation. Produced by BYU Motion Picture Studio.
- Williams, Marleen S. (1997). Counseling, Psychotherapy, and Mental Health. Accepted as peer-reviewed internet article for BYU-CCC web page [www.byu.edu/stlife/cdc/ccc.htm](http://www.byu.edu/stlife/cdc/ccc.htm).
- Williams, Marleen S. (1997). Perfectionism. Accepted as peer-reviewed internet article for BYU-CCC web page [www.byu.edu/stlife/cdc/ccc.htm](http://www.byu.edu/stlife/cdc/ccc.htm).
- Williams, Marleen S. (1997). Eating Disorders. Accepted as peer-reviewed internet article for BYU-CCC web page [www.byu.edu/stlife/cdc/ccc.htm](http://www.byu.edu/stlife/cdc/ccc.htm).
- Williams, Marleen S. (1997). Helping a Friend With an Eating Disorder. Accepted as peer-reviewed internet article for BYU-CCC web page [www.byu.edu/stlife/cdc/ccc.htm](http://www.byu.edu/stlife/cdc/ccc.htm).
- Williams, Marleen S. (1996). "Stepping Into A Blended Family - Part 1." A Woman's Perspective, 2(2), 1-3.
- Williams, Marleen (1996). "Stepping Into A Blended Family - Part 2." A Woman's Perspective, 2(3), 4-5.

#### Professional Papers Presented

- Bell, Douglas and Williams, Marleen S. (1996). "Teaching Critical Thinking Combining Multi-Media and Group Learning Techniques." Presentation at the Professional and Organizational Network In Higher Education Conference, Snowbird, Utah.
- Fischer, Lane, Williams, Marleen S., Bennion, Lynne, and Nielsen, Dianne. (2006). The development of the Spiritual Attachment Questionnaire. Paper presented at the 20<sup>th</sup> Annual Conference of the European Health Psychology Society. Warsaw, Poland.
- Hansen, Kristen and Williams, Marleen (2007). Utilizing an Agency-Centered Psychological Theory for Describing the Spiritual and Temporal Complexity of Emotional Suffering. Paper presented at the Fall Convention of the Association of Mormon Counselors and Psychotherapists. Salt Lake City, Utah.

- Heath, Melissa Allen, Williams, Marleen S., Sheen, Dawn, Annandale, Neil, Gstettenbauer, April, Campbell, Jolene, (2004). Improving Academic Training: Teaching Grief Intervention Skills. Paper presented at the American Psychological Association, National Convention Honolulu, HI.
- Jerome, Annette, Williams, Marleen S., Khan, Asra (2004). Understanding Religious Traditions in Counseling Treatment. Paper presented at the American Psychological Association, National Convention Honolulu, HI
- Jerome, Annette and Williams, Marleen S. (2002). And They Live Hopefully Ever After: Stories Reflecting Women's Quests & Expression of Triumph Over Adversity. Paper presented at the Association of Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Jerome, Annette and Williams, Marleen S. (2001). Religion and Coping. Paper presented at the American Psychological Association, National Convention San Francisco, CA.
- Jerome, Annette; Williams, Marleen S.; Evans, Karen; and Dinehart, Jared. (2001). How Women Use Spiritual Resources to Cope with Adversity. Paper Presented at Counseling Psychology and Special Education Faculty and Students Brown Bag Seminar, BYU, Provo, UT.
- Jerome, Annette; Williams, Marleen S.; Evans, Karen; Dinehart, Jared (2001). How Women Use Spiritual Resources to Cope with Adversity. Paper presented at the Association of Mormon Counselors and Psychotherapists Conference, Salt Lake City, UT.
- Jerome, Annette; Williams, Marleen S.; Evans, Karen; and Dinehart, Jared (2001). How Women Cope with Adversity. Paper presented for Women's Research Institute, Forum Series BYU, Provo, UT.
- Jerome, Annette; Williams, Marleen S.; Evans, Karen; and Dinehart, Jared. (2001). How Women Use Spiritual Resources to Cope with Adversity. Paper presented at Training Seminar Counseling and Career Center, BYU, Provo, UT.
- Kim, B., Moore, A., Thorn, M., McCoy, J. K., Williams, M., & Thomsen, S. (2005, April). The Direct and Indirect Links between Family of Origin and Eating Disorder Potential. Paper presented at the annual meeting of the Utah Council on Family Relations, Ogden, UT.
- McCoy, Kelly; Williams, Marleen; and Thomsen, Steve. (1999). A Qualitative Examination of the Implications That Individual Temperament, and Family Factors Influence Development of Anorexia. Paper presented at The National Conference on Family Relations Annual Conference. Irvine, CA.

Nathan, E., Harper Deborah A., Stevens, Harold and Williams, Marleen S. (1993). Acquaintance Rape: Incidence and Help-Seeking Behavior. Paper presented at the American Psychological Association, National Convention, Toronto, Canada.

Nielsen, Dianne and Williams, Marleen (2007). Fundamentals of Dialectic Behavior Therapy. Workshop presented at the Fall Convention of the Association of Mormon Counselors and Psychotherapists. Salt Lake City, Utah.

Rash, Phillip and Williams, Marleen S. (2005). Bridging the Gap Between Ideal and Reality: An Exploration of Compensatory Behaviors Unique to Males. Paper presented at the American Psychological Association, national Convention, Washington, DC.

Thomsen, Steve, Gustafson, Robert L., McCoy, Kelly, and Williams, Marleen S. (2002). The Relationship Between Beauty and Fashion Magazine Reading Frequency in Dieting for Weight Loss Among Female College Students. Paper presented at the Southwest Educational Council on Journalism and Mass Communication Symposium. Tulsa, Oklahoma.

Thomsen, Steve; McCoy, Kelly and Williams, Marleen S. (2001). Media Use and Eating Disorders. Researchers Showcase. University Conference, BYU, Provo, UT.

Thomsen, Steve, McCoy, Kelly, and Williams, Marleen S. (1999). Internalizing the Impossible: Anorectic Patients' Experience with Women's Beauty and Fashion Magazines. Popular Culture Association Conference, San Diego, California.

Thomsen, Steve, McCoy, Kelly, and Williams, Marleen (1999). Motivations for Reading Beauty and Fashion Magazines and The Presence of Anorexic Cognitions in College-Age Women. Paper presented at The 4<sup>th</sup> London International Conference on Eating Disorders. London, UK.

Thomsen, Steve, McCoy, Kelly, and Williams, Marleen S. (1999). Reconstructing the World of the Anorectic Outpatient: Procedures for Enhancing Trustworthiness and Credibility. Association for Qualitative Research, Melbourne, Australia.

Thomsen, Steve, Gustafson, Robert L., McCoy, Kelly, and Williams, Marleen S. (1998). Beauty and Fashion Magazine Reading and Anorectic Cognitions as Predictors of Dieting Behavior in College Age Women. Paper presented at the annual meeting of the Association for Education in Journalism and Mass Communication, Baltimore, MD.

Thomsen, Steve, McCoy, Kelly, Gustafson, Robert L., and Williams, Marleen S. (1998). Will You Still Love Me Tomorrow? Magazine Readership Patterns, Self Identity and Anorectic Cognitions in College-Age Women. Paper presented at the American Society of Business and Behavioral Sciences Fifth Annual Meeting, Las Vegas, NV.



- Williams, Marleen (2007). Bringing Light to Darkness: Teaching Others about Mental Illness. Paper presented at the Fall Convention of the Association of Mormon Counselors and Psychotherapists. Salt Lake City, Utah
- Williams, Marleen S., Fischer, Lane, Heaps, Richard and Makin, A. (2006). The Relationship between Conflict Response Style and Eating Disorders. Paper presented at the 20<sup>th</sup> Annual Conference of the European Health Psychology Society. Warsaw, Poland.
- Williams, Marleen S. (2006). Women's Developmental Journey: a Passage to Peace. Training Seminar, presented by Wasatch Mental Health, Provo, UT
- Williams, Marleen S., Nielsen, Dianne and Ridley, Anna Mae (2005). Demons, Dopamine and Data: LDS Perspectives on Changes in Mental Illness the Past 30 years. Paper presented at the Association of Mormon Counselors and Psychotherapists Fall Convention. Salt Lake City UT.
- Williams, Marleen S. and Makin, Anne (2004). My Body is a Temple: LDS Approaches to Helping Eating Disorder Clients Learn to Care for Their Bodies. Paper presented at the Association of Mormon Counselors and Psychotherapists Fall Convention. Salt Lake City, UT
- Williams, Marleen S. (2004). Conceptualization and Treatment of Eating Disorders. Continuing education workshop sponsored by Texas Tech University Counseling Center. Lubbock, TX.
- Williams, Marleen S., Thomson, Steven R., McCoy, J. Kelly (2003). The Role of Media Use in the Development and Perpetuation of Eating Disorders. Paper presented at the 17<sup>th</sup> Conference of the European Health Psychology Society, Kos, Greece.
- Williams, Marleen S., and Seigenberg, R. (2003). Integrating Spirituality Into Clinical Practice and Into the Mission of AMCAP. Paper presented at the Association of Mormon Counselors and Psychotherapists, Salt Lake City, UT.
- Williams, Marleen S. (2002). Treatment of Clients With a History of Sexual Abuse and Unclear Memories. Paper presented at Utah State Hospital Continuing Education Workshop, Provo, UT.
- Williams, Marleen S., Heaps, Richard, Gleave, Robert, and Smith, Steve (2002). Listening With a Third Ear: Teaching Process and Conceptualization. Symposium presented at the Association of Counselor Educators and Supervisors National Convention. Park City, UT.
- Williams, Marleen S., Nielsen, Dianne, and Shively, Ann (2002). Fed Up With Food: Teaching Somatic Awareness With Eating Disorder Clients. Paper presented at the Utah Counseling Center Conference, Park City, UT.

- Williams, Marleen S. (2002). Conceptualization and Treatment of Eating Disorders. APA-Approved Continuing Education Workshop. Sponsored by Utah State Mental Hospital, Provo, UT.
- Williams, Marleen S. and Jerome, Annette (2001). Spiritual Coping Strategies in Women Experiencing Trauma. Paper presented at Feminine Ways: International Conference on Women's Health and Psychopathology, Porto, Portugal.
- Williams, Marleen S. (2000). Finding an Accurate Mirror: Understanding the Relationship between Eating Disorders and Media Use. Paper presented at the Annual Conference for Treatment of Eating Disorders. Sponsored by the Center For Change.
- Williams, Marleen S. and Valentine, LaNae (2000). Through the Looking Glass: A New Look at Media Culture and Eating Disorders. Paper presented at the International Association of Eating Disorders Professionals Symposium 2000. Orlando, FL.
- Williams, Marleen S., Thomsen, Steve, and McCoy, Kelly (2000). Finding an Accurate Mirror: Challenging Assumptions About Eating Disorders. Paper presented at the Twenty-fifth Annual Association for Women on Psychology National Conference, Salt Lake City, Utah.
- Williams, Marleen S., (2000). Between a Rock and a Hard Place: Managing Dual Relationships. Paper presented at the Association of Mormon Counselors and Psychotherapists Conference, Salt Lack City, Utah.
- Williams, M.S. (1999). Women at Mid-Life: A Passage to Peace. Paper presented at The Association of Mormon Counselors and Psychotherapists Convention. Salt Lake City, UT.
- Williams, Marleen S. (1998). Current Research on Delayed Memories: What We Know and What We Don't. Paper presented at the Utah Valley Regional Medical Center, Behavioral Medicine and Psychiatry Departments, Provo, UT.
- Williams, Marleen S. (1998). Current Research on Delayed Memory: What We Know and What We Don't. Paper presented at the Counseling and Career Center, Faculty Training Seminar, Provo, UT.
- Williams, Marleen S. (1997). Bringing to Remembrance: The Trauma Memory Debate. Paper presented at the Association of Mormon Counselors and Psychotherapists Conference, Salt Lake City, UT.
- Williams, Marleen S. (1995) Recognizing and Confronting Psychological, Emotional and Verbal Abuse. Paper presented at the Intermountain Association of College and University Residence Halls, Denver, CO.

Williams, Marleen S. (1995). Another Look at Mormon Women, Depression, Perfectionism and Traditional Roles. Paper presented at the American Psychological Association, National Convention, New York City, NY.

### Professional Presentations

Williams, Marleen S. (2007). Understanding Mental Illness. Presentation at the Regional Welfare Leadership Meeting. Magna, Utah Ecclesiastical Leaders. The Church of Jesus Christ of Latterday Saints.

Ashbaker, Betty, Williams, Marleen, Wood, Steven (2007). Student Situations You Wish You Didn't Have to Deal With But You Do! Presentation at New Faculty Development Seminar. Sponsored by the Faculty Development Center. Brigham Young University, Provo, UT

Williams, Marleen S. (2007). Life is Not a Dress Rehearsal: Overcoming Perfectionism, Procrastination and Paralysis. Presentation at the Lehi Gateway Stake Relief Society Women's Conference. The Church of Jesus Christ of Latterday Saints.

Williams, Marleen S. (2007). Understanding Mental Illness. Presentation at the Regional Welfare Leadership Meeting, BYU-UVSC LDS Ecclesiastical Leaders. The Church of Jesus Christ of Latter-Day Saints.

Williams, Marleen S. (2006). Understanding Mental Illness. Presentation at the Regional Welfare Leadership Meeting, Davis County, Utah Region. The Church of Jesus Christ of Latterday Saints.

Williams, Marleen S. (2006). Understanding and Helping Troubled Students. Presentation to Support Staff retreat sponsored by the College of Family, Home and Social Sciences. Brigham Young University, Provo, UT.

Williams, Marleen S. (2006). Progressing to Full Professor and Avoiding Mid-Career Burnout.. Presentation to Associate Professors. Sponsored by BYU Faculty Development. Brigham Young University, Provo, UT.

Williams, Marleen S. (2005). Understanding Mental Illness. Presentation at the Regional Welfare Leadership Training Meeting. Kaysville, Utah Region. The Church of Jesus Christ of Latterday Saints.

Williams, Marleen S. (2005). Singing the Blues: Coping with Mood Disorders. Presented at Mental Illness Awareness Week. Sponsored by the National Alliance for the Mentally Ill, Provo, UT.

- Williams, Marleen S. (2005) Helping Those With Eating Disorders. Presented at Families Under Fire Conference. Sponsored by Brigham Young University. Provo, UT
- Williams, Marleen S. (2005) Listening With a Third Ear: Making It Safe to Talk. Presented at Foundations of Leadership Conference. Sponsored by Student Leadership Development, BYU, Provo, UT
- Williams, Marleen S. (2005) Who Are BYU Students? Developmental Concerns That Effect Learning. Presented at New Faculty Development Conference, sponsored by the Faculty Development Center. BYU, Provo, UT
- Williams, Marleen S. (2005). Unto The, O Lord, Do I Lift Up My Soul: LDS perspectives on depression. Presentation at Women's Conference, sponsored by The Church of Jesus Christ of Latterday Saints Relief Society and Brigham Young University. Provo, UT.
- Williams, Marleen S. (2005) Being a Student and a Single Parent: What the Psychology Books Won't Tell You. Presentation to Single Parent Association. BYU, Provo, UT
- Williams, Marleen S. (2005) Leading With Your Heart: Using Personal Skills and Interests. Presentation at Utah State Women in Leadership Conference. Provo, UT
- Williams, Marleen S. (2005). Her Children Rise Up and Call Her Blessed: Leadership in Marriage and Motherhood. Presented at the Women's Leadership Conference. Sponsored by Student Leadership Education and Women's Services and Resources. Brigham Young University. Provo, UT
- Williams, Marleen S. (2005). Dying to be Thin. Presentation sponsored by Women's Services And Resources. Brigham Young University. Provo, UT.
- Williams, Marleen S. (2005). Understanding Mental Illness. Presentation at the Regional Welfare Leadership Training meeting. Delta, Utah Region. The Church of Jesus Christ of Latterday Saints
- Williams, Marleen S. (2005). Helping Students with Mental Illness. Presentation at the International Students Office. Brigham Young University.
- Williams, Marleen S. and Shively, Ann (2004). Dialectical Behavior Therapy: Linking group and Individual treatment . Inservice training. Counseling and Career Center. Brigham Young University, Provo, UT. .
- Williams, Marleen S. (2004). Understanding Mental Illness. Presentation at the Regional Welfare Leadership Training Meeting. Cache County Region. The Church of Jesus Christ of Latterday Saints.

- Williams, Marleen S. (2004). Learning Good Communication Skills. Presentation at the New Student Leadership Conference sponsored by the Student Leadership Office. Brigham Young University. Provo, UT.
- Williams, Marleen S. (2004). Who Are BYU Students and How Can We Help Them? Presentation at the New Faculty Development Conference. Brigham Young University. Provo, UT
- Williams, Marleen S. (2004). Choosing Charity: Understanding Judgement and Jealousy. Presentation at The Women's Leadership Conference. Sponsored by Women's Services and Resources. Brigham Young University. Provo, UT.
- Williams, Marleen S. (2004). Understanding Anxiety Disorders. Presentation at the Family Education Program. National Alliance For the Mentally Ill. Provo, UT.
- Williams, Marleen S. and Muensch, Peggy (2004). Skills Group Training Using Dialectical Behavior Therapy. Inservice training. Counseling and Career Center. Brigham Young University. Provo, UT.
- Williams, Marleen S. (2004). The Science of Mental Illness. Presentation at the Regional Leadership Training Meeting, Provo Sunset Region. The Church of Jesus Christ of Latterday Saints. Provo, UT.
- Williams, Marleen S. (2004). Understanding Eating Disorders. Presentation at Issues 2004: A Community Conference. Heber, UT.
- Williams, Marleen S. and Makin, Anne (2003). Life-long Learning. Presentation for the Down's syndrome mentoring project. Sponsored by The Jacobson Service Learning Center. Brigham Young University, Provo, UT.
- Williams, Marleen S. (2003). "Where Do Your Problems End and Mine Begin?" Presentation at the 13<sup>th</sup> Annual Conference of Evergreen International. Salt Lake City, UT.
- Williams, Marleen S. (2003). "Understanding Depression." Presentation for Mental Illness Awareness Week. Sponsored by the National Alliance for the Mentally Ill, Utah Chapter. Provo, UT.
- Williams, Marleen S. (2003). "Sticks and Stones Will Break My Bones, But Words Will Break My Heart." Presentation for Abuse Awareness Program. Sponsored by Women's Services & Resources. BYU, Provo UT.
- Williams, Marleen S. (2003). "Recognizing and Working With Eating Disorders in the Schools." Presentation at Hope for Tomorrow Training Conference. Sponsored by National Alliance for the Mentally Ill, Utah Chapter. Heber City, UT.

- Williams, Marleen S. (2003). "Abstain From All Appearance of Evil: The Problem of Pornography." Presentation at the BYU--Relief Society Women's Conference, Provo, UT.
- Williams, Marleen S. (2003). Emotional Wellbeing: Understanding Stress, Depression and Eating Disorders. Presentation at the National Conference of LDS Dentists and Spouses. BYU, Provo, UT.
- Williams, Marleen S. (2003). "Coping in an Uncertain World." Presentation at the Thirteenth Annual Perinatal Winter Conference. Sponsored by Utah Valley Regional Medical Center. Midway, UT.
- Williams, Marleen S. (2002). "Understanding Mental Illness: Borderline Personality Disorder" Presentation at Family Education Program. National Alliance for the Mentally Ill Provo, UT.
- Williams, Marleen S. (2002). "Living In the Shadow: Understanding Women and Depression." Presentation at the Conference on Women's Health. Utah Valley Regional Medical Center. Provo, UT.
- Williams, Marleen S. (2002). "Understanding Depression." Presentation at Novell Employees Health Lecture Series. Provo, UT.
- Williams, Marleen S. (2002). "Understanding Mental Illness: Schizophrenia and Mood Disorders." Presentation at Family Education Program. National Alliance for the Mentally Ill. Provo, UT.
- Williams, Marleen S. (2002). "Conceptualization and Treatment of Eating Disorders." Presentation at faculty training seminar. Counseling and Career Center. Brigham Young University. Provo, UT.
- Williams, Marleen S. (2002) "Hungry for Control: The Addictive Power of Eating Disorders." Presentation at the Conference on Eating Disorders, Utah Valley State College. Provo, UT.
- Williams, Marleen S. (2002). "Treatment of Eating Disorders." Training Presentation at Seminar for Interns and Externs. Counseling and Career Center. Brigham Young University. Provo, UT.
- Williams, Marleen S. (2002). "Hungry for Control: The Addictive Power of Eating Disorders." Presentation at the Conference on Eating Disorders, Brigham Young University. Provo, UT.
- Williams, Marleen S. (2002). "Who are BYU Students: Understanding How Development Impacts Learning." Presentation at New Faculty Development Conference. Brigham Young University. Provo, UT.

- Williams, Marleen S. (2001). "Perfectionism, Well-Being and Psychotherapy. Training Seminar for Interns and Externs." Counseling and Career Center, BYU, Provo, Utah.
- Williams, Marleen S. (2001) "Raising a Child with a Disability." Presentation at Families Under Fire Conference, Brigham Young University, Provo, Utah.
- Williams, Marleen S. (2001). "That God May Know Mine Integrity." Presentation at the BYU-Relief Society Women's Conference, Provo, UT.
- Williams, Marleen S. (2001). "Treating Clients With a History of Sexual Abuse." Training Seminar for Interns and Externs. Counseling and Career Center, BYU, Provo, Utah.
- Williams, Marleen S. (2001) "Understanding and Treating Perfectionism." Presentation at Intern-Extern training seminar Counseling Career Center, BYU, Provo, UT.
- Williams, Marleen S. (2001). "What to do when Stepping Gets Slippery - Predictable Issues for Step Families." Presentation at Utah Governors Conference on Families, Salt Lake City, UT.
- Williams, Marleen S. (2000). "Ethical Responses to Sexual Attraction in Psychotherapy (or How to Avoid Losing Your Job and Your Licence)." Training Seminar for Interns and Externs. Counseling and Career Center, BYU, Provo, Utah.
- Williams, Marleen S. (2000). "Lengthen Your Stride Without Breaking Your Leg—Managing Stress." Presented at the Academy of LDS Dentists 2000 Conference, Provo, UT.
- Williams, Marleen S., (2000). "What to do When Stepping Gets Slippery-Predictable Issues for Stepfamilies." Presentation at Utah Governors Conference on Families, Salt Lake City, Utah.
- Williams, Marleen S. (2000). "Who Are BYU Students? Overcoming Today's Obstacles to Learning." Teaching Workshops for New Faculty, presented by the Faculty Development Center, BYU, Provo, Utah.
- Williams, Marleen S. (1999). Where Do Your Problems End and Mine Begin? Presentation at Evergreen International Conference, Salt Lake City, UT.
- Williams, Marleen S. (1999). "Are You Ready To Bear One Another's Burdens." Presentation at the Conference on Abuse. Brigham Young University. Provo, UT.
- Williams, Marleen S. (1999). "Caring, Coping, and Creating a Meaningful Life." Presentation at the National Alliance For the Mentally Ill, Utah Conference, Provo, UT.
- Williams, Marleen S. (1999). "Where Do Your Problems End and Mine Begin." Presentation at Evergreen International Conference. Salt Lake City, UT.

- Williams, Marleen S. (1999). "Dynamics of Merging Families." Presentation at the Second Annual Conference In Honor of Women. Utah Valley State College. Orem, UT.
- Williams, Marleen S. (1999). "Peace of Mind — Not a Piece of Cake: Strategies For Treating Eating Disorders." Presented at the AMCAP Western States Conference. Phoenix, AZ.
- Williams, Marleen S. (1998). "Lengthen Your Stride Without Breaking Your Leg." Faculty Development Center, Workshops for New Faculty, BYU, Provo, UT.
- Williams, Marleen S. (1998). "Perfectionism, Well-Being and Psychotherapy." Training seminar for interns and externs. Counseling and Career Center, BYU, Provo, UT.
- Williams, Marleen S. and Williams, Robert F. (1998) "What To Do When Stepping Gets Slippery: Predictable Problems for Step Parents." Presentation at Utah Governors Conference on Families. Salt Lake City, UT.
- Williams, Marleen S. (1997) "Ethical and Legal Issues in Clinical Practice." Presentation at Training Seminar for Counseling and Development faculty, BYU.
- Williams, Marleen S. (1997). "Etiology, Clinical Presentation and Treatment of Eating Disorders." Presentation at Nursing Department, BYU.
- Williams, Marleen S. and Williams Robert F (1997). "Readjusting in a Remarriage." Presentation at Utah Governors Conference on Marriage Salt Lake City, UT.
- Williams, Marleen S. and Williams, Robert F. (1997). "When Stepping Gets Slippery: Help for Blended Families." Presentation at Utah Governors Conference on Families. Salt Lake City, UT.
- Williams, Marleen S. and Williams, Robert F (1997). "When Stepping Gets Slippery — Predictable Crises in Step-Parenting." Presentation at The Utah Federation for Youth POWER Parenting Conference. Park City, UT.
- Williams, Marleen S. (1996) "Gender Issues In Psychotherapy: Counseling Women." Presentation at Training Seminar for interns at Counseling and Development Center, BYU.
- Williams, Marleen S. (1996). "Please Help Me Get on Higher Ground Before I Drown." Faculty Center's Teaching Assistant Conference, BYU, Provo, UT.
- Williams, Marleen S. (1996). "Relationships: The Dynamics of Merging Families." Presentation In Honor of Women, A Professional Development Conference sponsored by UVSC.
- Williams, Marleen S. and Williams, Robert F. (1996). "Step-Family Living: Guides For Making It Work." Presentation at the Utah Governor's Conference on Children and Families.



- Williams, Marleen S. (1996) "Treating Students With Severe Psychological Disorders - Treatment of Sexual Abuse." Presentation at the Utah Counseling Center Conference, Park City, Utah.
- Williams, Marleen S. (1995). "Help Me Get On Higher Ground So I Won't Drown." Faculty Center's Teaching Assistant Conference, BYU, Provo, UT.
- Williams, Marleen S. (1995). "Practice Guidelines for Treatment of Sexual Abuse." Presentation at Training Seminar for interns at the Counseling and Development Center, BYU.
- Williams, Marleen S. (1995). "Update on DSM-IV." Presentation at Training Seminar for Counseling and Development Faculty, BYU.
- Williams, Marleen S (1994). "Cognitive Interventions With Eating Disorders." Presentation at the Utah College Counseling Center Conference, Park City, Utah.
- Williams, Marleen S. (1993). "Object Relations Theory and Personality Disorder." Presentation at Texas Tech University Counseling Center, Training Seminar. Lubbock, Texas.
- Williams, Marleen S. (1993). "Treatment of Sexual Addictions and Compulsion." Presentation at Texas Tech University, Counseling Center, Training Seminar. Lubbock, Texas.

#### Grants and Research Awards

Women's Research Institute, Brigham Young University. Grant awarded for research on Spiritual Coping Resources in Women.

Women's Research Institute, Brigham Young University. Grant awarded for research on Mormon Women and Depression.

Center for Studies on the Family, Brigham Young University. Grant awarded for research on media use and eating disorders.

Counseling and Career Center, Brigham Young University, Grant awarded for research on eating disorders, conflict resolution and spirituality.

Student Life Student Mentoring Grant, Brigham Young University, Grant awarded for student mentoring project on self-help book on eating disorders.

Student Life Student Mentoring Grant, Brigham Young University. Grant awarded for student mentoring project with Women's Services and Resources on healthy eating on campus.

### Research Review

Ad Hoc Reviewer for The Journal of College Counseling.

Ad Hoc Reviewer for BYU Studies.

Ad Hoc Reviewer for The AMCAP Journal.

Review for proposals for National Conferences for Women in Psychology.

Review for proposals for National Conference for the Association of Counselor Educators and Supervisors.

### Creative Work and Program Development

Developed comprehensive treatment program for eating disorders including individual and group therapy, group treatment manual, outreach seminars.

Developed program to train residence hall members in recognizing and working with abusive relationships.

Developed group skills training program based on Dialectical Behavior Therapy

### Professional Affiliations

Designated Examiner, Utah State  
 Utah Psychological Association  
 American Psychological Association  
 Association of Mormon Counselors and Psychotherapists  
 Association of Counselor Educators and Supervisors  
 Division 17, Counseling Psychology, APA  
 Affiliate, Women's Research Institute, BYU

### Professional Leadership

1996 - 1999 - Treasurer for Association of Mormon Counselors and Psychotherapists  
 1999 - 2002 - Professional Standards Committee, Utah Psychological Association  
 2002 - 2004 - President, Association of Mormon Counselors and Psychotherapists (AMCAP)  
 2003 - 2006 - Future Planning Committee, Utah Psychological Association

### Consultation

- 2001 - 2004 - Eating Disorders Consultant, Hope For Tomorrow Program, school education program sponsored by National Alliance For the Mentally Ill, Utah Chapter.
- 2002 – 2004– Psychologist Consultant, Social and Emotional Health Television Series, sponsored by Living Essentials in conjunction with BYU-TV and BYU motion picture studio.